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NEWS WORTH SHARING.

Spanish train driver charged

Man facing multiple counts of negligent homicide after crash that killed 79 PAGE 8

Whitecaps minus pair of midfielders

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PAGE-TURNER TO HEAD-TURNER

Vancouver actress Jori Phillips models the dress she created from the yellowed pages of a secondhand thesaurus. The dress, created for the Denman Island Readers and Writers Festival, is garnering huge attention from fans online and media from overseas. Story, page 4. CONTRIBUTED

Teens surrender after girl run over with truck

Abbotsford. Egging prank goes wrong, leaving victim, 17, with broken legs and three boys facing charges

ELIZABETH HAMES
vancouver@metronews.ca

Three B.C. teens accused of involvement in a hit-and-run that left a teenage girl with two broken legs have turned themselves in, say Abbotsford police.

The trio of male suspects, accompanied by their parents, surrendered themselves to police on Saturday afternoon around 5:30 — just hours after they allegedly threw eggs at the girl and ran her over with a pickup.

Around 1 a.m. on Saturday, police say a group of teenage friends were sitting at a bus stop on George Ferguson Way and Gladwin Road when a white Dodge pickup approached them from the eastbound lane of George Ferguson.

The truck slowed to a crawl as it rolled past and two male passengers threw eggs at the teens, police say.

One of the teens, a 17-year-old girl, walked up to the window to ask the assailants why they were throwing the eggs.

But the truck accelerated, running the girl over and fracturing both her legs, police say. The driver of the vehicle reportedly fled the scene as the victim lay injured on the ground.

Media and public reaction to the incident "clearly influenced the youths' decision to come forward," says Const. Ian MacDonald, spokesperson for the Abbotsford Police Department, in a Sunday press release.

Officers will be recommending charges of assault against the two alleged passengers and a charge of hit-and-run causing bodily harm against the suspected driver.

Online

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35th annual

Vancouver Pride Week starts today

The rainbow-coloured Pride Flag will fly over city hall when Vancouver's Pride Week officially launches on Monday.

Parties, community events and a parade 650,000 people strong will mark the 35th annual festival celebrating the lesbian, bisexual, gay, trans, two-spirited and queer community.

For the first time in 2013, city council granted the parade civic status and an extra $34,500.

But acceptance at home is still marred by hatred abroad, especially in Russia, where increasing violence has prompted some calls for boycotting the 2014 Sochi Olympics. Mayor Gregor Robertson issued a statement Friday calling on Russia to "end its violent crackdown on the human rights and free expression of the LGBTQ community."

EMILY JACKSON/METRO

Surrey

Shot fired into backseat of cab

Surrey RCMP are searching for the shooter — and four apparent targets — after one shot was fired into the backseat of a taxi on Saturday night.

A cab carrying four passengers was driving on 102A Avenue near University Boulevard when an unknown vehicle pulled up on its driver side and an occupant fired a shot through the cab's rear window at 10:50 p.m., according to Surrey RCMP. No one appears to have been hurt, as the bullet exited through the rear passenger side window. The four passengers fled the scene and did not wait for police.

Police are asking anyone with information about the four cab passengers or the occupants of the suspect vehicle to contact Surrey RCMP at 604-599-0502.

EMILY JACKSON/METRO

The Celebration of Light as seen from the Maritime Museum in Kitsilano on Saturday night. EMILY JACKSON/METRO

Crowd 'well behaved' ... well, mostly: Cops

Celebration of Light. Annual three-night fireworks contest sees 35 liquor seizures, nine arrests for intoxication in public during

EMILY JACKSON
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Vancouver police are pleased with the "generally good-natured and well behaved" crowds at the first night of the Celebration of Light on Saturday, though officers did pour out 612 alcoholic beverages and make a few arrests.

Police estimate about 250,000 to 300,000 people — about 100,000 fewer than expected — gathered in English Bay to watch the United Kingdom team compete for the fireworks crown in the annual three-night contest.

The smaller crowds still tried to consume booze on the sly, resulting in 35 liquor seizures and nine arrests for intoxication in public.

Hundreds of officers focused on liquor enforcement at SkyTrain stations and throughout downtown. While there were a few disturbances, there were "no incidents of note."

Police also issued 135 violation tickets and 18 by-law tickets, seized eight weapons (though they won't reveal what type), arrested seven people for breach of the peace and made six other arrests.

Transit police also noticed less bad behaviour and "significantly more families" than usual, according to spokeswoman Anne Drennan.

They dumped out 53 drinks — just a quarter of the usual number of pour-outs — and made 13 arrests. One teen was found in possession of an axe, and one man was found with bear spray, both of which were seized.

The fireworks competition continues Wednesday at 10 p.m., when the Canadian team gets its chance to light the sky.

Leave your cars and beer bottles at home.

Cost

Tickets for drinking liquor in public cost $230 and — if you're under 18 — a call from the police to Mom and Dad.

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Jori Philips in her Thesaurus dress, er, frock, er ... outfit. CONTRIBUTED

A novel idea: Pages to dress

Another meaning. Local actress made a dress out of a thesaurus and whipped Internet into frenzy of love and hate

ELIZABETH HAMES
vancouver@metronews.ca

Here's one for the books: A Vancouver woman has garnered international attention for transforming the folds of a book into the folds of a dress.

Actress Jori Phillips spent months stripping pages from a second-hand thesaurus and carefully forming their yellowing edges into the layers of a skirt and bodice. After posting photos of herself wearing the strapless, paper frock and a "Miss Spelled" sash on Friday, she woke up Saturday morning to a firestorm of media requests.

Reporters from Mashable, the Daily Mail UK and Good Morning America online all wanted to speak with the designer of the novel costume, which had garnered more than 88,000 views on Imgur, a photo-sharing site, and more than 2,100 "upvotes" on the user-generated news site Reddit.

"It's kind of crazy," says Phillips.

However, not all the attention has been of critical acclaim.

Many Reddit users slammed Phillips' delicate creation as a wasteful use of a book, while others attacked the esthetic appeal of an outfit made almost entirely of paper.

Among the viewers was R. L. Stine, author of the Goosebumps series, who, to Phillips' delight, tweeted a photo of the unusual smock.

"That made my life pretty much complete at that moment," she said.

Despite the media blitz, Phillips didn't design the accouterments as an attention-getting measure — she made it for work after being asked to design a bookworm character for a festival.

Unintended consequences

"Reddit encourages negative discussion a lot.... That's just made more people look at it."

Actress Jori Phillips,
on not letting the haters get her down.

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Body of dead children's mom found in river

Winnipeg. Woman had been missing since children found at home

Winnipeg police confirmed Sunday that the body pulled from the Red River on Saturday morning is that of Lisa Gibson.

The mother of two disappeared after both her children were reportedly found drowned in the bathtub of their Westwood neighbourhood home on Wednesday.

Police were initially hopeful that Gibson was alive and in hiding, but by Friday they began concentrating their efforts on searching for her body on the Assiniboine River, which runs near her home.

Her body was spotted by passersby in a canoe.

Lisa Gibson, 32 CONTRIBUTED

Const. Eric Hofley said that despite finding Gibson's body, the investigation will continue.

Hofley said autopsies have been conducted on Anna, 2, and Nicholas, three months, but they would not be releasing the cause of death due to the ongoing investigation.

Hofley added an autopsy has also been completed on Lisa's body.

The police tape is now down around the family's home, but a makeshift memorial of balloons, flowers, stuffed animals and notes of love and sadness remains piled on the property. A group of mothers held a vigil there Thursday night. Many others have taken to social media to express their sadness.

There are reports Gibson was suffering from postpartum psychosis, but Hofley said he could not confirm any such details.

ELISHA DACEY/METRO IN WINNIPEG, WITH FILES FROM THE CANADIAN PRESS

Mother begs thieves to return son's memorial

The mother of an Alberta teen killed by a suspected impaired driver is pleading for thieves to return numerous keepsakes stolen from a roadside memorial. Cochrane resident Brandon Thomas, 17, died on Dec. 6 when police say a pickup being driven in the wrong lane slammed into his car head-on. COURTESY KIM THOMAS

Police have zero leads in 20-man beatdown

Police are asking for the public's help in finding the attackers involved in an early morning swarming in Dartmouth, N.S., that sent one man to hospital.

The incident occurred at 12:30 a.m. Sunday, when a group of five adults in their early 20s were attacked by about 20 young men.

None of the victims, including three men and two women, were seriously injured in what police are calling a random and unprovoked attack.

One man was sent to hospital for precautionary reasons but was later released.

A backpack was allegedly stolen from one of the women, containing identification and a cellphone. A police K-9 unit later found the bag with the phone missing.

Police have no suspects.

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A crashed train ready to be deposited in Santiago de Compostela, Spain, Sunday. Spain's interior minister says the driver whose speeding train crashed, killing 79 people, is being held on suspicion of negligent homicide. LALO R. VILLAR/THE ASSOCIATED PRESS

Spanish train driver charged in 79 deaths

Derailment. Bystander claims Francisco Jose Garzon Amo told him after the crash that he wasn't able to brake

The driver of a Spanish train that derailed at high speed killing 79 people was provisionally charged Sunday with multiple cases of negligent homicide.

A court statement said investigative magistrate Luis Alaez released Francisco Jose Garzon Amo without bail.

The statement said Garzon must appear in court once a week and is forbidden to leave Spain without permission.

Garzon was not sent to jail or required to post bail because none of the parties involved felt there was a risk of him fleeing or attempting to destroy evidence, the statement said.

Garzon was questioned for almost two hours at the court in Santiago de Compostela, the northwestern town near where the accident occurred.

Garzon was driving the train carrying 218 passengers in eight cars that hurtled far past the 80 km/h speed limit into a high-risk curve on Wednesday, tumbling off the tracks and slamming into a concrete wall, with some of the cars catching fire.

A local resident who rushed to the scene of the accident said in an interview broadcast Sunday that minutes after the crash Garzon had told him he had been going fast and couldn't brake.

"He said he had needed to brake but couldn't," said Evaristo Iglesias.

THE ASSOCIATED PRESS

Local resident

"He told us that he wanted to die."

Evaristo Iglesias, a Spanish resident who was with train driver Francisco Jose Garzon Amo after the crash last Wednesday

France

Thieves swipe $53M in jewels

A staggering 40 million euro ($53 million) worth of diamonds and other jewels was stolen Sunday from the Carlton Intercontinental Hotel in Cannes, in one of Europe's biggest jewelry heists in recent years, police said. One expert noted the crime follows recent jail escapes by members of the notorious "Pink Panther" jewel thief gang.

The hotel in the French Riviera was hosting a jewelry exhibit over the summer from the prestigious Leviev diamond house, owned by Israeli billionaire Lev Leviev.

THE ASSOCIATED PRESS

Sticking it out. Weiner pushes forward despite loss of campaign manager

Anthony Weiner vowed to stay in the race for New York City mayor Sunday after the loss of his campaign manager and the drumbeat of critics questioning his fitness for public office after new revelations of lewd online behaviour.

Weiner confirmed that campaign manager Danny Kedem resigned Saturday after reports surfaced that Weiner had continued to exchange lewd photos and messages with women despite resigning from Congress in 2011 over the same behaviour.

THE ASSOCIATED PRESS

Anthony Weiner THE ASSOCIATED PRESS

Demand for cyber insurance takes off

Online attacks. Spate of high-profile data breaches has made firms eager to protect themselves from losses

When Brian Rosebaum started pitching cyber insurance to companies in 2006, he was met with blank stares from risk managers and resistance from information technology experts, who insisted their networks were impenetrable.

All of that has changed in the past year and a half, said Rosebaum, who heads the cyber insurance division of Aon Corp.'s Canadian brokerage arm. "We've reached a threshold where people are now coming to us instead of us going to them," said the vice president.

Insurance brokers say the frequency of high-profile data breaches is causing a surge in demand for insurance products that protect against losses stemming from cyber attacks.

A breach can be costly. Companies face notifying clients that their personal information has been compromised, offering credit protection services, hiring a crisis management firm and defending against lawsuits.

Aon has placed more cyber insurance policies in just the last 18 months than it did in the previous five years, said Rosebaum. "People are beginning to understand that this is a risk that can affect any business." THE CANADIAN PRESS

Data breaches

- On Thursday, U.S. prosecutors charged five people with stealing 160 million credit and debit card numbers from companies including 7-Eleven Inc., JC Penney and French retailer Carrefour, calling it the largest data breach in the country's history.
- Other victims of data breaches in the past few years include Sony's PlayStation Network, financial institution Citigroup and a number of Canadian government departments.

If a turtle could talk to itself, what would it say?

Here's a new twist on zoo marketing — the San Antonio Zoo has taken to posting imaginary conversations on Facebook between the right and left heads of its celebrated two-headed Texas cooter turtle, Thelma and Louise. Zoo officials report that the turtle, who was born last month, has been doing well. Spokeswoman Debbie Rios-Vanskike says the turtle eats and swims, and that the two heads get along. Check out what the shell-backed duo has to say at facebook.com/thelmaandlouise.turtle. SAN ANTONIO ZOO/THE ASSOCIATED PRESS FILE

Proposal could speed up Sea Kings' retirement

The Harper government has been asked to accept the air force's long-delayed CH-148 Cyclone maritime helicopters as they are currently configured and gradually phase them into service using regular software upgrades intended to make the aircraft fully operational.

The proposal is being floated publicly by Sikorsky aircraft in the wake of a federal cabinet shuffle that has left both National Defence and Public Works with seasoned but not yet fully acclimatized ministers.

At the same time, the aircraft maker and Defence have agreed to a separate plan that would allow flight testing to begin on four helicopters that have been delivered to the military air base in Shearwater, N.S. Twenty-eight of the aircraft have been ordered.

The evaluation, to begin in early August, inches the politically painful program ahead for the Conservative government, which has grown more impatient and vocal in its frustration over the replacement of decades-old Sea Kings.

The helicopters were first ordered in 2004 by Paul Martin's Liberal government at a cost of nearly $3.2 billion — a figure which has now ballooned to $5.7 billion — and were supposed to be in service by 2008.

The failure to deliver new aircraft — detailed a few years ago in a scathing auditor general's report — was underscored over the last few weeks with the grounding of the entire CH-124 Sea King fleet.

One of the nearly 50-year-old helicopters was involved in a spectacular accident that saw the blades on one aircraft chipped away when the chopper unexpectedly careened forward. THE CANADIAN PRESS

An airman sports a satirical shoulder patch at Nova Scotia's CFB Shearwater in this 2003 file photo. Four of the air force's new Cyclone maritime helicopters have been delivered to the base. THE CANADIAN PRESS FILE

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I GOT SOUL BUT I'M NOT VANCOUVER

URBAN COMPASS

Paul Sullivan
vancouver@metronews.ca

Whenever I go to another city, it gets me thinking about Vancouver.

You can take the boy out of Vancouver, etc.

I spent last week in Paris, the City of Light, and I think I've seen the light.

Unlike Vancouver, Paris will never be declared the world's most livable city. It's too big, noisy, crowded, and more often than not, smells like urine.

But while Paris may not be the most livable city in the world, it can make a case for being the most alive.

For, despite the fact that Paris is very old, it has a youthful vigour that makes Vancouver seem like its stodgy older sister.

Take, for example, the current hand wringing about a bike-share program in Vancouver. What about the cost? What about the mandatory helmet law? What about this; what about that? Well, Paris was a pioneer in bike-share, launching its Vélib ("bicycle freedom") program in 2007. Now, according to 2012 figures, 138 million riders have used the program, and there are 225,000 subscribers.

And after losing money for the first three years, it has made a profit for the last three.

At any time, the program could have been defeated by cost, vandalism, and logistic snafus — no one, for example, wanted to ride the bikes to the uphill stations so they had to be transported by truck — but the sheer willfulness of Paris kept it alive.

That's the same willfulness that works to keep the spirit, the joie de vivre alive, against all odds. The Seine may be the world's most storied river, and this summer, it's also a beach, complete with sand and beach umbrellas. On the other side of the Seine, you can rent a portable "cave," which appears to be a small, glass-enclosed container equipped with chessboards and bean bags.

And of course, any unoccupied space is an excuse for a sidewalk café. There are 9,000 restaurants in Paris, 8,950 of them sidewalk cafés.

So, narrow little streets paved with cobblestones and cafés, jammed with millions of cars, pedestrians and Vélibs, everyone coexisting without writing letters to the editor demanding they all wear helmets.

Paris has the soul of a poet. When their mayor decided to launch the Vélib program, it was not to reach some kind of arbitrary target (world's greenest city), it was to "help Parisians recover their independence and freedom in transportation" and only then reduce air pollution. (After running in the Jardin du Luxembourg, I can attest to the fact that air quality comes a distant third.)

Imagine Gregor Robertson issuing a cry for independence and freedom about anything.

Every street corner in Paris has this soul, or at least a gallery, museum or boulangerie. If Vancouver were Paris, we'd build a new art gallery and keep the old one, willfully sustaining the soul of the centre of the city against all odds.

In Paris, nothing is more important than the soul of the city. Here in Vancouver, we could start by figuring out if we have one.

ZOOM

Faithful flood Brazilian coast

MARIO TAMA/GETTY IMAGES

Massive crowd to see Pope Francis

Nearly the entire four-kilometre crescent of Rio's Copacabana's beach overflowed with flag-waving followers on Sunday for the final mass of Pope Francis' historic trip to his home continent, cheering the first Latin American pope in his final homily of World Youth Day. THE ASSOCIATED PRESS

Took a toll on the area

- The stench of garbage and human waste hung in the humid air, and the beach and adjoining chic Atlantic Avenue looked like an improvised refugee camp. Copacabana's famous sidewalks were strewn with trampled cardboard, plastic bags, empty water bottles and cookie wrappers.

One of the biggest turnouts

3 million

The Vatican said more than 3 million people were on hand for the mass, based on information from World Youth Day organizers and local authorities who estimated two-thirds were from outside Rio. That was far higher than the 1 million at the last World Youth Day in Madrid in 2011 or the 850,000 at Toronto's 2002 concluding Mass. The next World Youth Day will be in Krakow, Poland, in 2016.

The pope blesses a child as he rides in the popemobile. Hundreds of thousands of people slept in the sand awaiting the final mass. THE ASSOCIATED PRESS

Clickbait

If you tend to throw back a few too many cocktails on these balmy summer nights — and who doesn't — you may find that your judgment is a little skewed. So raise your glass to these apps that determine whether you're in shape to drive home, or if you should be calling a cab.

AlcoDroid

Gives you a blood-alcohol content estimate based on the number of drinks you've consumed. It also functions as a diary that lets you track your drinking habits over time and includes a Facebook function that updates your friends, in case you are too inebriated to do it. Available on Android.

BreathalEyes

This one is unique because instead of inputting a number of bevies, you use the phone's camera to take a video of your eye, and the app determines BAC based on the shakiness of your gaze. The downside is this does require someone you're with to have a steady hand. It's available for iPhone but an Android version will be on tap soon.

Last Call

This app is a gem for BAC calculations. Key in the drinks you've consumed, and the app will figure out how drunk you are instantly. It's been lauded for its easy-to-use interface and has some bonus features: Location-based taxi search and a list of local DUI lawyers. For iOS.

Funtoxication

Your friend claims they got "wasted" last night. Really? This app gives you proof with the ability to set up multiple profiles. The app comes with games that challenge your skills and memory while you're under the influence. For iPhone. METRO

Twitter

@metropicks asked: A two-headed turtle gets its own Facebook page. If your pet had a Facebook page, what would its status say?

@rblaprairie: My pet beta fish would always have a status that read: "this tank is still being tested"

@PlainSJ: "Owners put me down last month. AVENGE MY DEATH!"

@momomoto: "Pooping."

@VulgarViking: Oh you've returned...feed me now and I'll let you know when I want to be petted! #MyCatOscar

@FrenchmanCanada: "I'm a dog, I know how to use a computer and the first thing I do is setup a FB account. My owner was right, I am a dumb dog."

Follow @metropicks and take part in our daily poll.

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All rounder Rash makes Room for talented writers

Q&A. Oscar-winning screenwriter talks about his new show The Writers' Room and audiences' newfound respect for storytelling

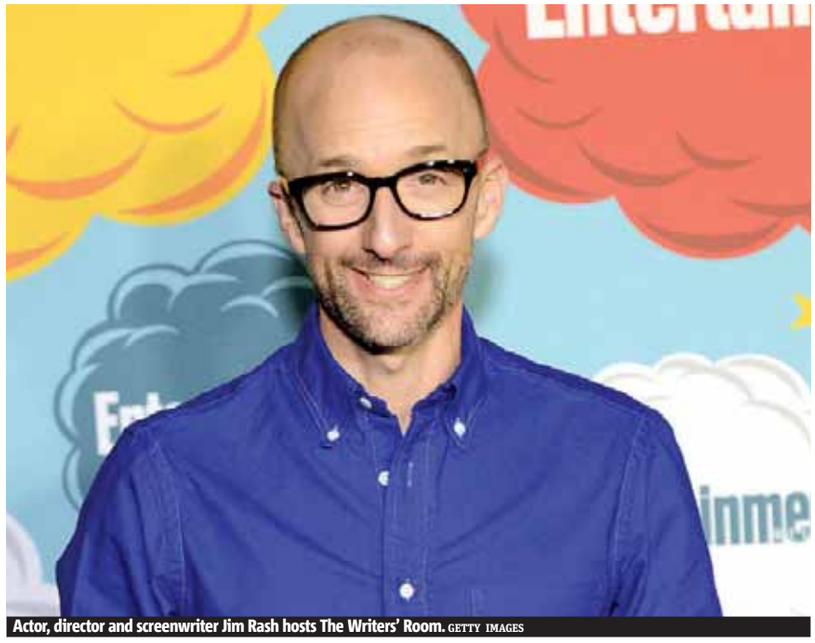
NED EHRBAR
Metro World News in Hollywood

Jim Rash's resumé is already pretty robust, earning acclaim as a comic actor (Community), director (The Way, Way Back) and screenwriter (The Descendants, for which he and co-writer Nat Faxon won an Oscar), but there's always room for more. His latest gig is hosting The Writers' Room, a roundtable discussion series going behind the scenes of fan-favourite television series like Breaking Bad, Game of Thrones and New Girl.

The idea of TV being "the writer's medium" has really taken hold with audiences. Where do you think that's coming from?
I feel it's because of this rabid fan base, this need for knowledge that we all have. I feel like they have respect now for the storytelling. Not that no one had an idea where it came from, but I feel like people have a newfound respect for good stories. I think TV's in a really great place right now as far as embracing flawed, sometimes questionable people, from Dexter to Breaking Bad to any of these shows like Mad Men — complex characters that you get so frustrated by. In the age of binge-watching, catching up on shows that you missed, all these things lead you to wondering about the story.

You also have things like Comic-Con, where showrunners get as much attention as actors.
Yes, I think it's another outlet. It's another version of social interaction and connection to people that we didn't have certainly when I was growing up. We just watched the TV show, maybe read a magazine or a review.

If you could pick any series, living or dead, from the history of television for The Writers' Room, what are your dream choices?
It's tough. I'd be very curious talking to MASH writers just because I have a fascination with the balance of comedy and extreme drama and just the idea behind that show. I feel like I'd want to do a moment with the Cheers writers just because that's probably the quintessential show of my life. Then I think I would want to sit down with Lost because I have a lot of questions, being a guy who watched from the beginning with groups.


Actor, director and screenwriter Jim Rash hosts The Writers' Room. GETTY IMAGES

How about having Dan Harmon on The Writers' Room now that he's back running Community?
I'd love to do Community. I know that Walking Dead was on the list to be done, but it was an AMC decision. I start with Breaking Bad and then I get to do that. So I feel like there's lots of shows that would be all on board to do it. And I think a lot of them, as soon as they see what it is, I feel like they'll embrace it because it really is a celebration of what they're doing. So I hope they'll see that it's light and fun and introspective about their process.

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MAKE IT HAPPEN!

Amanda Bynes' parents worried about their cash cow?

Amanda Bynes' parents' first attempt to secure a conservatorship over their troubled daughter didn't pan out, but they're not giving up just yet.

Rick and Lynn Bynes have filed a petition requesting they be appointed Amanda's temporary conservators until a more permanent decision can be made.

"We are deeply concerned that Amanda poses a substantial risk to herself, to others and to property based on recent events in her life," the petition reads, according to TMZ.

The document points to "extremely paranoid" behaviour.

"She would cover smoke alarms with towels, tape windows shut and cover her car's dashboard with cardboard and tape" because she claimed that "cameras were watching her from inside these places," according to the document.

Rick and Lynn are mostly worried about the amount of damage Amanda could do with her $3.3 million in assets.

Amanda Bynes.
ALL PHOTOS GETTY IMAGES

"We are informed and believe that a substantial amount of money is being used to pay for marijuana and other illegal substances, and possible plastic surgery," the petition states.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Are creepy old men not a sought after demographic?

STARGAZING
Malene Arpe
scene@metronews.ca

A Taylor Swift's Biggest Fan contest is cancelled when it looks like a creepy 39-year-old man is going to win. "Not so fast, there" says Taylor. "Is he perhaps someone who could potentially cause me to experience a dramatic May-December-type heartbreak? Does his name rhyme with 'sadness?'"

Friends are reportedly concerned Emma Roberts is turning into the next celebrity train wreck. "But," says Lindsay Lohan, "my reign has only just begun."

Dina Lohan was reportedly drunk and slurred her words when she called Lindsay in rehab for a long-distance family therapy session. "Try topping that, Emma Roberts. I dare you," says Lindsay.

Celebrity Math. Question: If David Spade's mansion sells for $10.3 million after six years on the market and Goldie Hawn and Kurt Russell sell their Malibu mansion for $9.5 million, how will Courtney Love pay the $260,000 she owes in taxes? Answer: By asking Justin Bieber, who made $58 million last year, Spike Lee who's trying to raise $1.25 million on Kickstarter and Teen Mom star and bottomless well of ignorance, Farrah Abraham, who has so far made $119,576.39 off her sex tape.

Kristen Wiig

Bridesmaids star back on the market

Kristen Wiig is back on the market.

The Bridesmaids star has reportedly split from the Strokes drummer Fabrizio Moretti after a year and a half of dating, according to Us Weekly.

A source says the breakup was "completely amicable. They are friends."

Moretti was previously involved with Wiig's pal Drew Barrymore for five years.

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Miley Cyrus likes making it rain on strippers

Miley Cyrus knows how to have a good time, and sometimes that involves going to strip clubs.

"Have I ever been to a strip club? Yes," Cyrus tells London's Capital FM Breakfast radio show. "How many times? I don't know. I haven't kept a tally."

When asked if she's previously "made it rain," showering strippers with dollar bills, Cyrus offered a candid response. "Yes. Am I supposed to lie? I thought I was confessing. This is therapy."

Miley Cyrus

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Book Excerpt

Vacay 4-1-1

IT'S ALL RELATIVE
Kathy Buckworth
Kathybuckworth.com

When it comes to family vacations, you don't want to leave anything behind — not a child, not a bathing suit, not a toothbrush, and certainly not your established rules and routines.

Is it a drag sticking to routines while on holidays? Absolutely. Is it worth it? One hundred per cent. Sure, go a little crazy with food (and wine, for Mom and Dad only), but try to keep the lid on such things as letting the kids stay up hours later than they usually do. Any child under three will not sleep in to make up for lost time, and they will be cranky.

It's also important to keep some basic rules around meal time alive during a holiday. If soda pop is not allowed at breakfast at home, it's probably good to stick with that during a road trip as well. Finding the time to have at least one nutritious meal a day can make a big difference, both in your waistlines and in helping the kids feel good.

Personal hygiene is another thing you don't want to let go, particularly if you are dealing with teenage boys who have already minimized their shower- and tooth-brushing time to infinitesimal levels. If Wednesday is "shower night" at home, keep it going while you're away. Trick them into thinking a Tuesday is a Wednesday if the logistics don't work. What? You're the boss!

FROM KATHY BUCKWORTH'S I AM SO THE BOSS OF YOU: AN 8 STEP GUIDE TO GIVING YOUR FAMILY THE BUSINESS AVAILABLE AT BOOKSTORES EVERYWHERE. (MCCLELLAND & STEWART, 2013)

Online

Yet another reason mommy drinks? The Fair. Follow the (mis) adventures of parenthood at metronews.ca/voices, and pre-order Reasons Mommy Drinks: the book at Amazon.ca

Things better left unsaid

Parenting. What's that rash? Forget sex. In my day. You look great! are among things not to say to new parents

From diet tips to "little baby, little problems," sleep-deprived and new parents have heard it all. And they want you to stop.

Most every new parent has a greatest hits of lame advice and annoying remarks. For fitness buff Brook Benten, mom of four-month-old Hayes, her list included her post-baby body.

"My swollen uterus made me look like I was still five months pregnant," said the Round Rock, Texas, mom. "I was elated to be a mother, but I knew good and well that I looked baaaaad. Well-intending visitors would look me once over and say, 'Wow! You look great!'"

Brandi Jordan, who owns a parenting resource centre in Los Angeles, said the way to avoid ticking off new parents is pretty simple.

"I think that people should not give advice. Period," she said. "People see it as open license when they see someone with a baby to give them their opinion on how they should have socks on, or they should have a hat on, or they need sunblock, or you shouldn't be taking them out, they're too young. Some people make themselves armchair experts because they've read a lot of things."

That, she said, is why the what-not-to-say problem is so out of control these days. Blogs, social networks and simple online searches are the armchair expert's best friends, said Jordan, who has a six-year-old.

Instead of advice, how about not coming over for a visit when you have a cold, even though you think you and your kids are no longer contagious?

But she also has a suggestion for new parents: How about not rejecting outright the experiences of your own parents due to their grandparently status?

"A lot of new parents discount what their own parents actually know, but a lot of grandparents do have good traditional things that work really well," she said.

First, she said, parents need to realize that they really do need help.

"Before, you didn't need help because your family was right there and did everything, but so many people are far removed from their families."

When visiting parents with new babies, leave lame advice at the door. ROBERT DABBS/ THE ASSOCIATED PRESS

But make sure help is help. Visits should be 10 minutes, not two hours, in the early days unless you plan to throw in a load of laundry, do dishes or cook a meal.

Dr. Richard So, a pediatrician at Cleveland Clinic Children's hospital, has three kids of his own. The youngest is not yet two.

His advice for well-meaning loved ones: "Ninety per cent is just reassuring that mother that she's doing the right things, that she's not going to harm her baby," he said. "All a new baby needs to do is eat, sleep, poop and grow."

THE ASSOCIATED PRESS

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Flavours of Italy sans pots of bubbling pasta sauce

This salad serves four. ROSE REISMAN

ROSE REISMAN
rosereisman.com

Bocconcini are small semisoft mozzarella cheeses. They come in large or mini balls. If you are using the larger ones, cut them into quarters. Today, bocconcini cheese is made from a combination of water buffalo milk and cow's milk.

1. Salad: Lightly coat small skillet with cooking spray and add the oil. Sauté onion slices over medium heat 10 minutes or until tender and lightly browned. Add sugar and sauté another 5 minutes. Set aside.

2. Arrange the tomatoes, bocconcini and olives on a serving platter. Place the caramelized onions on top.

3. To make the dressing: Whisk together the oil, sour cream, mayonnaise, vinegar, honey and garlic until well blended. Pour the dressing evenly over the salad and toss. Garnish with basil and serve.

Ingredients

Salad
- 2 tsp (10 ml) vegetable oil
- 1/2 large sweet white onion, thinly sliced
- 1 tsp (5 ml) brown sugar
- 2 large field tomatoes, cut into 1/4-inch (6 mm) slices
- 4 plum tomatoes, each cut into 4 wedges
- 1 1/2 cups (375 ml) cherry or grape tomatoes, cut in half
- 2 oz (60 g) mini bocconcini cheese, thinly sliced
- 1/4 cup (60 ml) halved olives

Dressing
- 2 tbsp (30 ml) olive oil
- 1 tbsp (15 ml) 3% sour cream
- 1 tbsp (15 ml) light mayo
- 1 1/2 tsp (7.5 ml) balsamic vinegar
- 1/2 tsp (2.5 ml) honey
- 1/2 tsp (2.5 ml) chopped garlic
- 3 tbsp (45 ml) chopped fresh basil for garnish

Healthy eating

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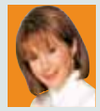

ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

Little poppers are hits at get-togethers, but don't feed your guests calories, fat and sodium by serving the wrong ones.

6 Heinz stuffed jalapeno peppers

560 calories/36 g fat/1,200 mg sodium

Cream-cheese-stuffed and fried peppers are a high caloric and fat app, with a day's worth of sodium.

Equivalent

Six Heinz-stuffed jalapeno peppers are equivalent in fat to 20 vegetable egg rolls from M&M Meat Shops.

7 M&M Zucchini sticks

170 calories / 9 g fat / 380 mg sodium

Even though these are breaded and deep fried, they are much lower in fat, calories and sodium than the stuffed jalapenos.

Lunch. Beef-Mango Salad

1. Slice steaks crosswise against the grain into strips as thin as possible. Roughly chop the strips to create bite-size pieces.

2. In a large bowl, combine the steak, mango, cucumber, radishes and onion. Toss well.

3. In bowl, whisk dressing ingredients. Drizzle over salad, toss well. THE ASSOCIATED PRESS

Ingredients

- Two 6-oz bison or other steaks, cooked as desired and cooled
- 1 large mango, peeled, pitted and diced
- 1 medium cucumber, chopped
- 2 red or Easter egg radishes, finely minced
- 1/2 small red onion, finely minced

Dressing
- 1 tbsp rice vinegar
- 2 tsp garlic-chili paste
- 1 tsp toasted sesame oil
- Kosher salt and black pepper

Chickpeas and nectarines in an anything-but-boring salad

Having salad for dinner may sound boring, but it doesn't have to be. It's easy to toss together a delicious (and nutritious!) salad that goes way beyond the lettuce-tomato-cucumber routine that becomes all too tiresome all too quickly.

This recipe makes four entree-sized salads. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- Two 15-oz can chickpeas, drained, rinsed and dried with paper towels
- 5 tbsp olive oil, divided
- 1 tsp curry powder
- Salt and ground black pepper
- 4 tbsp rice vinegar
- 4 tsp brown sugar
- 2 tsp Dijon mustard
- 1 bunch Swiss chard, chopped
- 5-oz package baby arugula
- 1 seedless cucumber, sliced
- 4 stalks celery, thinly sliced
- 3 nectarines, pitted and thinly sliced

Protein suggestions
- Soft-boiled or poached eggs
- Sliced cooked chicken breast
- Cooked shrimp
- Lightly seared and thinly sliced steak
- Marinated tofu or seitan
- Feta or halloumi (Greek grilling) cheese

1. Heat the oven to 400 F.

2. In a medium bowl, toss the chickpeas with 1 tablespoon of the olive oil. Add the curry, then a little bit of salt and ground black pepper, as needed. Toss well to coat evenly, then spread the chickpeas in a single layer on a rimmed baking sheet. Roast for 30 minutes, then set aside to cool.

3. Meanwhile, in a small bowl, whisk together the remaining 4 tablespoons olive oil, the rice vinegar, brown sugar and Dijon mustard. Season with salt and black pepper. Set aside.

4. In a large bowl, mix together the Swiss chard, arugula, cucumber, celery and nectarines. Drizzle the dressing over the salad, then toss gently to coat. Divide between 4 serving plates. Top with the roasted chickpeas and your choice of protein. THE ASSOCIATED PRESS

The greatest intern fails

Horror stories galore — including dead dogs and Twitter meltdowns

KATHRYN GILBERT
Metro World News

Cinema reflects all our real life hopes and fears — love affairs, the much feted zombie apocalypse, rags to riches tales, the list goes on. And its latest addition is that post-college, unpaid right of passage, as portrayed by Vince Vaughn and Owen Wilson's straight-shooting-titled The Internship. But is it a hope or a fear? In a job market where you need experience to get experience, persuading someone to let you work your ass off for them for free is tough. The fashion industry has become particularly notorious in the world of unpaid labour. Because whilst getting your foot in the door at Vogue is the modern day equivalent of being accepted into NASA way back when, there are a lot of horror stories out there. From hydration politics (for real) to social media meltdowns, we've rounded up the best of them. Or perhaps that should be the worst of them.

The untimely demise of Alan TBH Plumptre

Hats off to the intern who managed to inadvertently allow the death of one of the fashion world's most beloved pets, which had a Twitter following to rival Choupette's. The intern in question was walking Tatler's in-house dog when his head got stuck in the revolving doors. A gargantuan rescue attempt ensued, with no less than two fire engines (yes, that's two burning homes that bit the dust) and 10 firefighters rushing to the scene. But alas, nothing could be done for the dachshund. Despite the media being up in arms over this, nothing is now known of the culprit of the crime — a.k.a. the intern. A silence that speaks volumes, one might say.

The intern who tried to bring down Hearst

Diana Wang, the "Intern Muckracker," tried to fight the good fight. Her four-month-long accessories internship with Harper's Bazaar ended in a lawsuit against Hearst that grabbed international headlines. Wang claimed that her 40-hour plus weeks and duties such as filing her bosses' expense reports went beyond the legal limits of her arrangement. But whilst it was an undoubtedly brave thing to do, it also kind of didn't really work. Other interns refused to jump on the class action bandwagon and so now her case is limping on solo. That being said, Wang isn't the only one to try to defend herself. Conde Nast is also now fending off lawsuits from two individuals, one of whom never met a single paid member of staff at W.

@MarcJacobsIntl
Spelling is hard for me. I hate this job. Hope they find someone soon. Robert is picky! We have presented him with 50 people. He's not happy

The great Marc Jacobs Twitter implosion

If you're going to break rank and air your dirty laundry in public, there probably isn't a worse way to do it than via social media. Especially not on an account with more than a million followers. But after deciding he couldn't hack it anymore, the intern in charge of Marc Jacobs Intl.'s Twitter informed the entirety of the Internet: "Good luck! I pray for you all. If you get the job! I'm out of here. See ya! Don't want to be ya! Roberts a tyrant! Seriously! He is tough!" To further his case he also protested: "Spelling is hard for me." Doubtless, neither his tweeting skills nor his literacy are going to go down well with the future employers who will never, ever hire him.

The caste system – via water cooler

Dead dogs, lawsuits and highly public breakdowns have nothing on this horror story. Reported by Fashionista, one former intern wasn't allowed to use the same water cooler as the paid employees. We'll just leave you with that one.

The Tumblr uprising

We have no idea who is behind the new Tumblr called Fashion Intern Problems but it channels the hopes, fears and anxieties of a multitude of souls. Plus, it reads like an entire season of The Hills — if it were written by Lauren Weisberger. And it's got a lot of Beyoncé GIFS. So, you know, win-win.

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Crowdfunding only limited by imagination

Show me the money.
More businesses turn to the public for help

Crippled by mounting financial debt, father and son duo David and Brian Best had few options left to save the potato farm their family has operated in Tryon, P.E.I., since the early 1930s.

It was a customer who dropped in to Best Acre Farms to buy seed potatoes that sparked the family's current bid to save their livelihood — crowdfunding.

"I told him I was pulling strings to find out how I can source money, and he said, 'Well, you might try crowdfunding,'" said Brian Best.

Best did just that, and without a crop in the ground, he has dedicated much of his time to the online campaign, which aims to raise $200,000 by Aug. 1. As of Thursday, the campaign on Indiegogo.com has generated around $8,000.

Websites like Indiegogo.com are drawing people from across Canada to crowdfunding, and the types of campaigns they fund vary widely. Whether it's building a school in Africa or trying to secure the release of an alleged video that appears to show Toronto's mayor smoking crack cocaine, the possibilities are endless.

Regardless of the cause, the components of a successful crowdfunder often remain the same, said Sandeep Pillai, a graduate student at the University of Toronto's Rotman School of Management who has studied crowdfunding.

"That ability to engage people ... is very critical in a crowdfunding campaign. Let it be a potato farm, let it be a solar watch, let it be a coffee down the street, whatever it is," said Pillai. "When a crowdfunding campaign does not become successful, it's because you were not able to engage the crowd."

Pillai said the idea of crowdfunding isn't new, but its accessibility is.

"It's a sign of the times," said Pillai. "There's a venue to do it; before there was not."

THE CANADIAN PRESS

Success tastes good

In Halifax, residents can see the success of the Brooklyn Warehouse's crowdfunding campaign as they drive past the restaurant in the city's north end. About two years ago, co-owners George and Leo Christakos crowdfunded $23,000 over 60 days to avoid the bank and expand the restaurant. George said aside from the obvious financial benefit, crowdfunding also doubles as a marketing campaign. "It is an incredible way to create awareness and marketing for an upcoming project," said Christakos.

Brian Best, left, and his father David have turned to crowdfunding to save their family farm. THE CANADIAN PRESS

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Canada

How to make that major decision

Specialize this. A fresh crop of high school grads are gearing up for campus life — but how do you know what to study?

JULIE KAYZERMAN
Metro World News in New York

Take a deep breath and investigate your options at school — don't pick your major at the door. ISTOCK

For graduating seniors in high school, the excitement of completing the university or college application process and heading off to school just can't be matched. But often, the excitement ends where the anxiety about choosing a major — and the big life questions that come with it — begins. In their new book, The Secrets of College Success, professors Jeremy S. Hyman and Lynn F. Jacobs share their tips for students looking for the right major.

Take a minute

Upon entering university, many students are encouraged to declare a major right away, but according to Hyman, that isn't necessary. "We recommend the following: don't major at the door!" she says. "I don't think picking a major is all that important and I think when possible, it's good to delay."

Take advanced courses

Many schools offer introductory courses that are watered-down introductions to subjects as a whole. Therefore students don't really get a sense of what the major is like until they take advanced courses, according to Hyman. "When possible we think it's best to test the waters," she says, "especially if you can take one or two upper division courses before putting down your quarter."

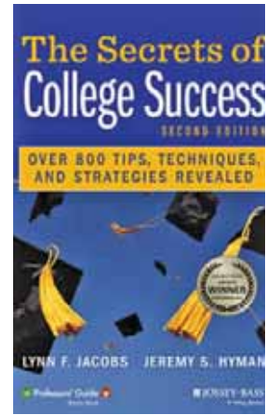
Go with what you love

It's important to pick something you're interested in, but many students have varied interests and have trouble when focusing on just one course of study. "A lot of students like to double and even triple major and sometimes add a minor or two as well," says Hyman. "This can be a good idea if the majors have some relation to each other, but we think a far better idea is that you have a primary interest." According to Hyman, when picking a major, you are committing yourself to 10 or 12 required courses, so picking two majors — especially ones that don't relate to each other — can be a tough venture.

Don't focus too much on the money

"When you major in something, especially (when it is an) undergraduate major that is followed by graduate school," says Hyman, "you're having to pick a career 10 years ahead of yourself and what you think will be good 10 years from now."

Hyman urges students to use caution when thinking so far ahead, because high-paying career choices can change, and so can the interests of the student. "When picking the major, the student should be an educated consumer and (should) use the sources available rather than just lunging at something because they've done it before."


The Secrets of College Success
SECOND EDITION
OVER 800 TIPS, TECHNIQUES, AND STRATEGIES REVEALED
LYNN F. JACOBS
JEREMY S. HYMAN

Your major and your career don't always have to be the same thing

Of course there are fields such as health care and information technology that require specific training and Hyman says it makes sense to match your major to a career. However, she says that picking a major is not the end-all, be-all decision. "What businesses complain about most when they hire people is not that they have the wrong major," Hyman says, "but that they have bad writing, analytical or interpersonal skills." Furthermore, Hyman says that there is no real rush. "Students think when they pick a major they're locked in for life to that major and that career. Beginning students should realize that at many colleges it's extremely easy to change a major."

No clue what to do?

Don't panic. According to Hyman, it is best to ask other people what they're doing and how they like it. "Take more courses, talk to more people, don't panic."

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Suspensions open doors for substitutes

MLS. Vancouver will be without two starting midfielders next Saturday vs. Portland

CAM TUCKER
cam.tucker@metronews.ca

It took only a matter of seconds.

But the head-butt Jun Marques Davidson delivered to Philadelphia Union striker Keon Daniel during Saturday's Major League Soccer match at BC Place Stadium left many to echo the question: What was the Vancouver Whitecaps midfielder thinking?

Turns out, he wasn't.

Davidson's actions, which took place after Daniel initially fouled him, resulted in a red card and subsequent ejection from the match in the eighth minute. The Whitecaps played the rest of the game with 10 men, and lost on a late second-half goal.

Davidson held himself accountable following the loss.

"I reacted wrong and for all of, I just want to apologize to all the players," Davidson told reporters.

"It's very tough to play pretty much most of the 90 minutes with 10 men and I just want to apologize to all the fans and supporters who watched the game. It's very disappointing.

"Obviously I wasn't thinking at all and I just reacted differently.... I don't do that stuff, ever. And what I did was wrong."

Davidson will now sit out the Whitecaps' next match, which is on the road against the Portland Timbers next Saturday.

The Whitecaps will also be without fellow midfielder Gershon Koffie, who was booked for a handball in the second half and will now miss the Portland Cascadia Cup match with a suspension due to yellow-card accumulation.

The Whitecaps do have the option of inserting Matt Watson and Daigo Kobayashi — substitutes against Philadelphia — back into the starting lineup against the Timbers.

Those two played alongside Nigel Reo-Coker at the midfield back on June 19 against Chivas USA, and could be reunited in Portland.

"There's other players ready to play," said head coach Martin Rennie.

"There's good players who are not on the starting lineup and it's up to them now to get into the lineup and do well and take their chance."

Jun Marques Davidson of the Whitecaps head-butts the Union's Keon Daniel at BC Place Stadium on Saturday. Referee Baldomero Toledo assessed Davidson with a red card. DARRYL DYCK/THE CANADIAN PRESS

Quoted

"There's good playerswho are not on the starting lineup and it's up to them now to get into the lineup and do well and take their chance."

Whitecaps head coach Martin Rennie

MLB

Rasmus walks off lacklustre start

Colby Rasmus tried to forget everything that happened early Sunday afternoon.

An 0-for-3 start to the day didn't help the Toronto Blue Jays much, especially when he popped out in a big spot in the seventh inning. But when the Houston Astros chose to again intentionally walk Edwin Encarnacion to get to Rasmus in the ninth, the centre-fielder came through with the game-winning single to give the Blue Jays a 2-1 walk-off win. THE CANADIAN PRESS

MLB

Pujols possibly out for rest of season

Los Angeles Angels slugger Albert Pujols was put on the disabled list Sunday with a tear in his left foot that could end his season.

Pujols has a partially torn plantar fascia, an injury that has bothered him most of the season. He aggravated it while running out a single in the ninth inning of Friday's 6-4 loss to Oakland. THE ASSOCIATED PRESS

Don't cross the boss

"That fight sucked so bad."

UFC president Dana White was less than impressed with the welterweight bout between Kelowna's Rory (Ares) MacDonald and Jake (The Juggernaut) Ellenberger in Seattle on Saturday. MacDonald won comfortably but drew boos from the crowd after fighting a methodical match in which he used jabs and straight kicks to keep a safe distance away from his shorter opponent.

Snedeker cherishes million-dollar baby

Brandt Snedeker, right, hugs his caddie Canadian Scott Vail after winning the Canadian Open in Oakville, Ont., on Sunday. NATHAN DENETTE/THE CANADIAN PRESS

Brandt Snedeker has had his eye on the RBC Canadian Open title for some time.

The early arrival of a baby in Texas helped make it happen.

Snedeker moved to the top of the field after second-round leader Hunter Mahan withdrew when his wife unexpectedly went into labour, and held on Sunday for his second victory of the season and the sixth of his career.

Mahan, who had a two-stroke lead at 13 under through 36 holes, rushed home to be with wife Kandi, who gave birth to daughter Zoe early Sunday.

"Zoe will be getting a very nice baby gift from me. I can't thank Kandi enough for going into labour early. I don't know if I'd be sitting here if she hadn't," Snedeker said with a laugh after shooting a final-round 70 to finish 16 under. "But that is a way more important thing than a golf tournament. I missed a golf tournament when my first was born, and it was the best decision I ever made. I'm sure Hunter would say the same thing."

Dustin Johnson (70), Matt Kuchar (71), William McGrit (68) and Jason Bohn (71) tied for second at 13 under behind Snedeker, who said winning the PGA Tour's only stop north of the border is special for a number of reasons.

"This is a tournament I said early on in my career I wanted to win just because my caddie is actually from Canada and it's his national open. It meant a lot to him, meant a lot to me," said the 32-year-old from Nashville.

As the winner, Snedeker pocketed $1,008,000 of the tournament's $5.6-million purse. THE CANADIAN PRESS

Horoscopes

♈ Aries
March 21 - April 20
Don't start the week in a negative frame of mind. Everything will be resolved to your complete satisfaction over the next seven days – as the Sun in your fellow Fire sign of Leo suggests.

♉ Taurus
April 21 - May 21
Recent setbacks may have been disappointing but you will begin to see them in a more positive light over the next few days.

♊ Gemini
May 22 - June 21
Beneath that cool exterior you are worrying about all sorts of weird and wonderful things. Why? It's really all good.

♋ Cancer
June 22 - July 23
Life has taken a more serious turn in recent days and you will certainly have to take a more responsible approach to matters related to your finances this coming week. Do whatever it takes to make ends meet.

♌ Leo
July 24 - Aug. 23
Something you hear today will no doubt worry you a bit but if you make an effort to read between the lines you may discover that the "facts" are not quite what they seem.

♍ Virgo
Aug. 24 - Sept. 23
An interesting offer will come your way today but you are more than a little suspicious about it. Why would someone you hardly know want to help you? Whatever the reason it's a genuine offer, so say "Yes".

♎ Libra
Sept. 24 - Oct. 23
You don't need an excuse to have a good time so don't bother looking for one. The Sun in Leo demands that you spend as much time as you can with your real friends – they're the ones who make you laugh.

♏ Scorpio
Oct. 24 - Nov. 22
Whatever happens keep your wits about you and keep your eyes and ears open for opportunities you can exploit.

♐ Sagittarius
Nov. 23 - Dec. 21
If something is bothering you – and it is – then you must pluck up the courage to ask for advice, even though you hate to reveal you are not in control.

♑ Capricorn
Dec. 22 - Jan. 20
From the look of your solar chart it seems you are in possession of inside information that can be used to further your ambitions. Is it immoral to do so? Of course not.

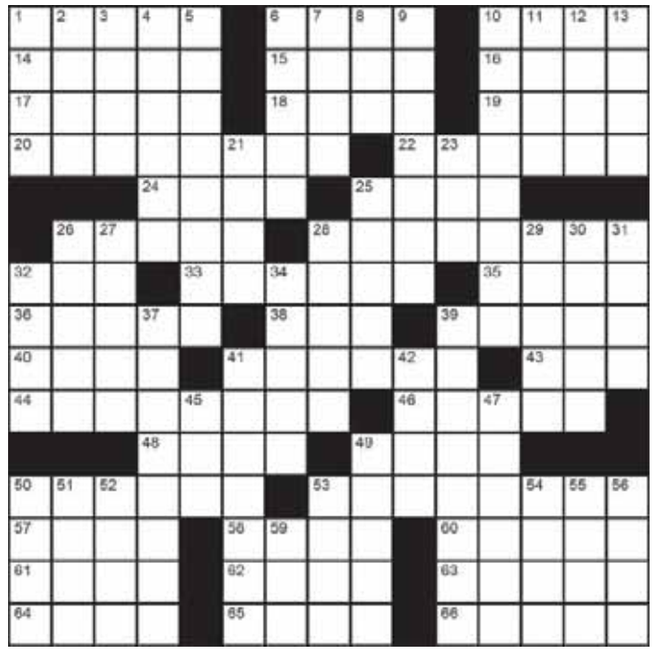
♒ Aquarius
Jan. 21 - Feb. 19
Someone is trying to grab your attention and sooner or later you are going to have to see what they want. Make it sooner if you can because if you are obliged to do them a favor

♓ Pisces
Feb. 20 - March 20
You seem to have overdone it a bit over the past week or so and now you must rest and recuperate. Even if you still seem strong physically your mind is certainly feeling the strain. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

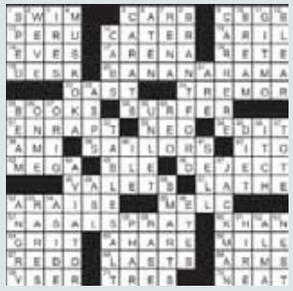
BY KELLY ANN BUCHANAN



Across
1. Beyonce's alter-ego, __ Fierce
6. Guns the engine
10. Succeed antonym
14. Mil. rank, __. __.
15. Fail to mention
16. Gloriole
17. __ __ pursuit, as police-to-a-criminal
18. Knocked noggin result
19. Thingy
20. Tortilla chips brand
22. This clue's direction
24. "Let's leave __ __ that then."
25. Island of the Marianas
26. Vancouver-born actress, Kristin __
28. Where Queen Elizabeth summers in Scotland, __ Castle
32. Observe
33. Singer Mr. Rucker
35. Three x Three's answer
36. Dumbstruck: 2 wds.
38. Finish
39. __ Temple Pilots
40. Constellation for the star Vega
41. Chuck's bride on July 29th, 1981: 2 wds.
43. __ du jour = Juice of the day
44. British Columbia city
46. Killer whales
48. Ad-__ (Improvises)
49. Toronto attraction, Casa __
50. Sir Mackenzie __ (Prime Minister, from 1894 to 1896)
53. 'D' of TD Bank
57. Oomph
58. Sigher's word
60. Hamilton street; or, "Lost" character
61. Sell
62. "The Good __" on CBS
63. "_ __ the news today, oh boy..." - The Beatles
64. Lotus position-doing class
65. Hardens
66. Ms. Perry's of music

Down
1. Skirt feature
2. __ time (Never): 2 wds.
3. Learning insts.
4. Band #33-Across fronted, __ & The Blowfish
5. Elevation
6. Sci-Fi flick 'creature'
7. Aussie birds
8. Bathroom cleansing brand
9. As per #41-Across, where the royal nuptials took place: __. __ Cathedral
10. The __ Banff Springs Hotel
11. Driveway sight
12. Burns up
13. Getaways
21. "...we'll __ _ cup o' kindness yet..." - Robert Burns
23. Ms. Diaz, to pals
25. Tacky
26. Country in Africa
27. Weaponize again
28. Adheres
29. Spanish wine region
30. __ horribilis, 1992 for The Queen
31. Spike and Bruce
32. Fancy fabric
34. Brings in
37. Niagara Falls-crossing daredevil Nik
39. Nunavut's __ National Park
41. Canadian grocery store chain
42. Ruination
45. Salad dressing ingredient
47. Saskatchewan town
49. Misplaces
50. Bunch
51. Spread-for-bread
52. Wedding dress designer Vera
53. Wacky
54. Actor/rapper, __-_
55. "That's fine."
56. Mr. Beatty's
59. Fib

Friday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku

8	6	5	2	7	1	4	3	9
3	7	2	4	5	9	8	1	6
4	9	1	8	3	6	2	5	7
6	8	3	5	4	7	1	9	2
9	1	7	6	2	3	5	8	4
5	2	4	9	1	8	7	6	3
1	3	8	7	9	2	6	4	5
2	4	9	1	6	5	3	7	8
7	5	6	3	8	4	9	2	1

2			1		9			5
		7			5			
				6			3	
9	8			1				6
		4	2		3	7		
3				4			2	9
	5			7				
			8			1		
8			3		6			7

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